Book Club Notes

Bodies of Light



Jennifer Down

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PRAISE FOR BODIES OF LIGHT

'Brutal and beautiful—I couldn't stop reading it. Jennifer Down is a brilliant writer.'

Victoria Hannan

'Mesmerising, uncompromising and extraordinary. A whole life is in these pages.'

Robbie Arnott

'Fierce and compelling. Down's compassion for her character, her refusal to look away from intolerable suffering, is a lesson for us all. A novel with immense dignity and heart.'

Carrie Tiffany

ABOUT JENNIFER DOWN

Jennifer Down is a writer and editor who lives in Naarm/ Melbourne. She was named a *Sydney Morning Herald* Young Novelist of the Year in both 2017 and 2018. Her previous works, *Our Magic Hour* and *Pulse Points*, have graced multiple shortlists and taken out literary awards.

ABOUT THE BOOK

A quiet, small-town existence. An unexpected Facebook message, jolting her back to the past. A history she's reluctant to revisit: dark memories and unspoken trauma, warning knocks on bedroom walls, unfathomable loss.

She became a new person a long time ago. What happens when buried stories are dragged into the light?

This epic novel is a masterwork of tragedy and heartbreak—the story of a life in full. *Bodies of Light* confirms Jennifer Down as one of the writers defining her generation.

DISCUSSION QUESTIONS

- 1. If the novel hadn't begun with the adult Maggie, do you think you would still be drawn into her the story the same way?
- 2. Jennifer Down deftly covers themes of grief, loss and mental health in this book. How did you feel during the reading experience? Is this simply a sad story or did you find moments of hope throughout?
- **3.** Maggie and Damien have very different experiences of family growing up. How does this impact their reaction to their losses?
- 4. 'My leaving was selfish and cruel. I also think that most people would do the selfish thing if it meant surviving.' Put yourself in Maggie's shoes. Would you have left? Do you think leaving was a selfish act?
- 5. Do you think it's possible to walk away from one life and create another? What would pose the biggest challenge? Beyond self-protection, do you think Maggie had any further motivation for her departure?
- 6. What do you think present-day Maggie feels about the idea of motherhood?
- 7. What does Maggie's relationship with Judith tell us about the way we create family?
- 8. Tony contacts Maggie through Facebook to ask questions about her identity and past. What are the ethical ramifications of someone doing this? How would you feel if you were Maggie?
- **9.** Some would say that Bodies of Light has an open ending. How do you feel about the way the book concludes?
- **10.** If you've read Jennifer Down's previous work, how does this book compare with the others?